



Health Institute

Menu of Services

WIN Health Institute is located in Basalt, Colorado. We are a 33,000 square foot state-of-the-art facility bringing traditional and new world healthcare together, providing a balanced approach to health.

THE WIN PASSPORT

Price includes fitness center, locker room, steam, sauna, fitness class, towel & robe.

One day	\$35
Three days	80
Five days	115

A one-day WIN Passport is just \$15 with purchase of any spa service & complimentary with purchase of any health & wellness service.

MASSAGE THERAPIES

The WIN Massage (Light tissue relaxation Swedish circulation)	
25 minutes	\$50
50 minutes	100
80 minutes	150

Deep Tissue Full Body Massage

50 minutes	110
80 minutes	155

Shiatsu

50 minutes	100
80 minutes	130

Point Specific Rehabilitation

25 minutes (one specific area)	65
80 minutes (up to 3 specific areas)	155

Sports Therapy Massage

80 minutes	155
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Neuromuscular Therapy

50 minutes	120
80 minutes	155

Lymphatic Drainage Massage

50 minutes	100
80 minutes	130

Rolfing

75 minutes	135
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Heated Stone Massage

80 minutes	155
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Prenatal Massage

<small>(client must be through 1st trimester)</small>	
80 minutes	155

Reflexology

25 minutes	50
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Foot Therapy Massage

25 minutes	50
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In-Suite Massage

50 minutes	145
90 minutes	175

ENERGY THERAPIES

Craniosacral

25 minutes	\$50
50 minutes	100

Reiki

25 minutes	50
50 minutes	100

Acupressure

50 minutes	110
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BODY WRAPS

Calming Restorative Wrap

50 minutes	\$100
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Energizing Antioxidant Wrap

50 minutes	100
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BODY SCRUBS

Detoxifying Scrub

50 minutes	\$100
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Refreshing & Rejuvenating Scrub

50 minutes	100
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TWO-BY-TWO THERAPIES

(Prices listed are for two people with two therapists)

Swedish Relaxation Massages

50 minutes	\$200
80 minutes	260

Deep Tissue Full Body Massages

50 minutes	220
80 minutes	310

Calming & Energizing Wraps

50 minutes	200
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Detoxifying & Rejuvenating Scrubs

50 minutes	200
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COMPLIMENTARY MEDICINE

Acupuncture

50 minutes (existing patient)	\$110
80 minutes (new patient)	155

PHYSICAL THERAPY

Evaluation	prices will vary
Re-Evaluation	prices will vary
Treatment	prices will vary

POSTURAL ANALYSIS

Egosque	
50 minutes	\$110

MOVEMENT THERAPIES

Pilates

50 minutes private	\$100
50 min. semi-private (up to 3 ppl)	130

Yoga

50 minutes private	100
50 min. semi-private (up to 3 ppl)	130

GYROTONIC®

50 minutes private	100
50 min. semi-private (up to 3 ppl)	130

FITNESS

Personal Training

25 minutes	\$60
50 minutes	100
50 min. semi-private (up to 3 ppl)	130

ATHLETICISM, Inc.

Personal Training

25 minutes	\$60
50 minutes	100
50 min. semi-private (up to 3 ppl)	130

LIFESTYLE

Coaching

50 minutes	\$150
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FACIALS

Cosmetic Acupuncture

50 minutes	\$200
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Transforming Facial

50 minutes	100
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Balancing Facial

50 minutes	100
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Nourishing Facial

50 minutes	100
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Ask about concierge services & personalized programs!

GENERAL INFORMATION

- WIN Health Institute is a non-smoking facility
- Cellular phone is permitted in lobby/entry way only
- Alcohol is not served or permitted on the premises

GRATUITIES

- Gratuities are the guest's discretion and appreciated by the staff for exceptional service.

CANCELLATION POLICY

- All reservations require a credit card to hold the appointment. Cancellations must be made 24 hours prior to appointment time or the full service fee will be charged. If an appointment is rescheduled on the day of service, a \$25 charge will be assessed.

**** Rates and Services are subject to change without notice**



Health Institute

Medi-Spa,
Health & Wellness
Services

WIN HEALTH INSTITUTE
1460 East Valley Road
Basalt, CO 81621

(970) 384-8484

www.winhealthinstitute.com